

Pulsar timing arrays

Supposing the source is the inspiral of a super massive black hole binary:
what is the typical scale of the time variation of the metric perturbation?

$$f(\tau) = \frac{1}{\pi} \left(\frac{5}{256} \right)^{3/8} \frac{1}{(G M_c)^{5/8} \tau^{3/8}} \simeq 10^{-8} \text{ Hz} \quad \text{for} \quad \begin{array}{l} M_c \simeq 10^9 M_\odot \\ \tau = 4 \times 10^4 \text{ yrs} \\ \text{Time to coalescence} \end{array}$$

Chirp mass

$$M_c = \frac{(m_1 m_2)^{3/5}}{(m_1 + m_2)^{1/5}}$$

GW varies on
a scale of
about 3 years

Period of the
pulsar:
millisecond

$$f_{\text{GW}} P \ll 1$$

$$\Delta T = \frac{1}{2} \frac{\hat{u}^i \hat{u}^j}{1 - \hat{\mathbf{k}} \cdot \hat{\mathbf{u}}} \int_{t_e - \hat{\mathbf{k}} \cdot \mathbf{r}_e}^{t_e + L - \hat{\mathbf{k}} \cdot \mathbf{r}_e - L \hat{\mathbf{k}} \cdot \mathbf{u}} dX [h_{ij}(X + P) - h_{ij}(X)] \quad \text{Taylor expand}$$

Relative change
in the rate of the
pulses measured on
Earth because of the
GW passing by:

$$\frac{\Delta T}{P} \simeq \frac{1}{2} \frac{\hat{u}^i \hat{u}^j}{1 - \hat{\mathbf{k}} \cdot \hat{\mathbf{u}}} [h_{ij}(t_e + L, \mathbf{r}_o) - h_{ij}(t_e, \mathbf{r}_e)]$$

Earth term
Pulsar term

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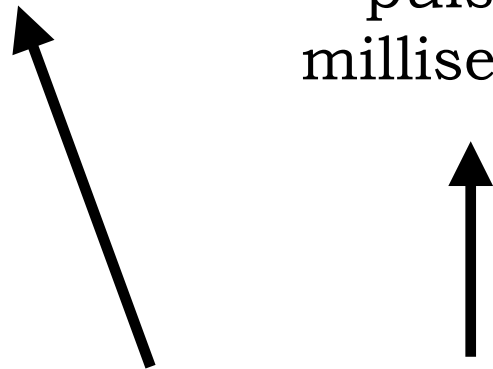
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NB: this is the change in the frequency of the pulses due to the GWs, calculated between two successive geodesics, and NOT the redshift experienced by a photon on the same geodesic (usual gravitational redshift, depending on $\dot{h}_{ij}$)

However, the two expressions become the same in the limit of infinitesimal P

Pulsar timing arrays

Relative change
in the rate of the
pulses measured on
Earth because of
the GW passing by:

$$\frac{\Delta T}{P} \simeq \frac{1}{2} \frac{\hat{u}^i \hat{u}^j}{1 - \hat{\mathbf{k}} \cdot \hat{\mathbf{u}}} [h_{ij}(t_e + L, \mathbf{r}_o) - h_{ij}(t_e, \mathbf{r}_e)]$$

$$\sim 7 \cdot 10^{-23} \frac{\text{pc}}{d_L} \left(\frac{M_c}{M_\odot} \right)^{5/3} \left(\frac{f_{\text{GW}}}{10^{-8} \text{ Hz}} \right)^{2/3} \simeq 7 \cdot 10^{-16}$$

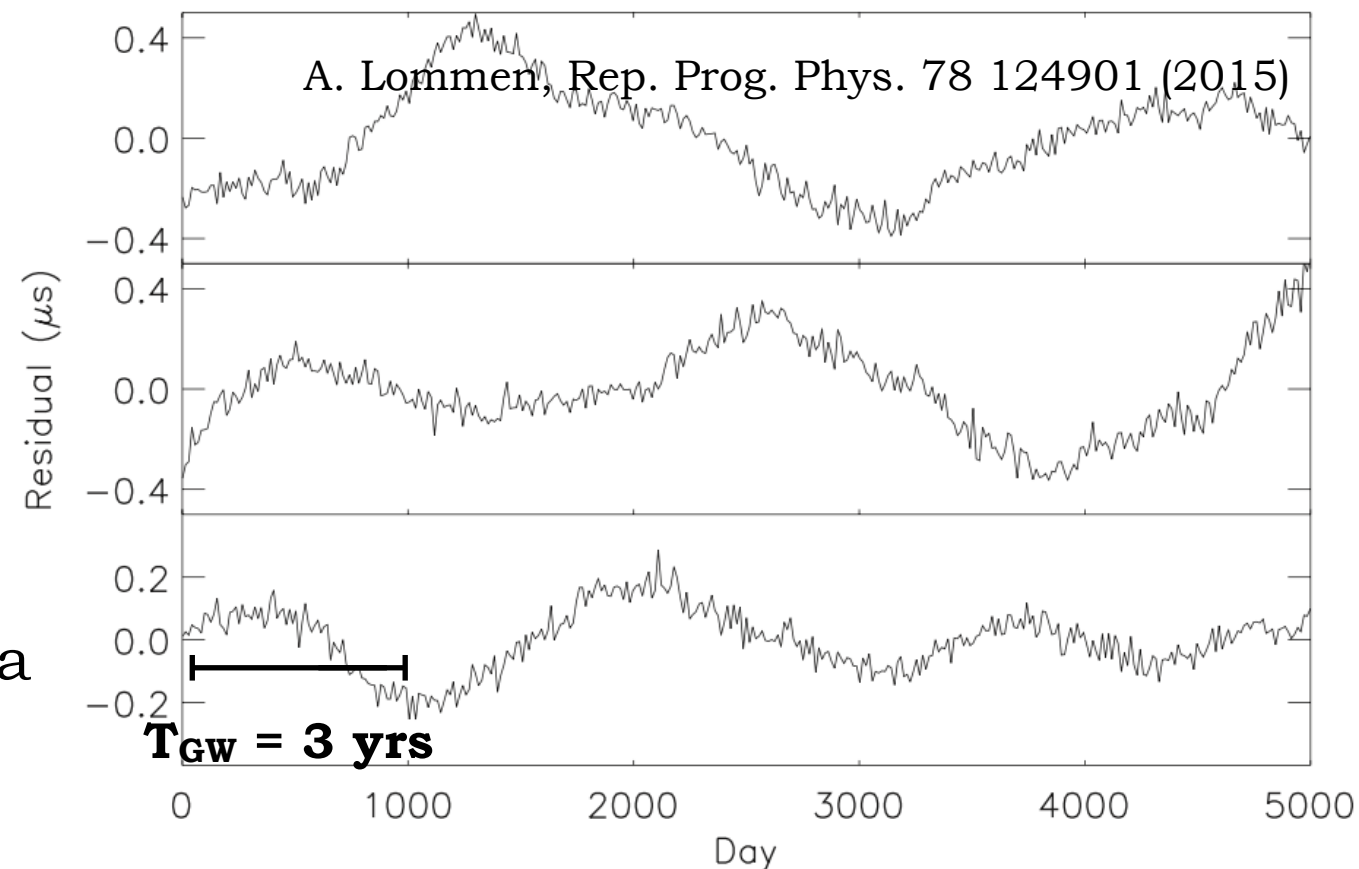
↑
 $M_c \simeq 10^9 M_\odot$
 $d_L = 100 \text{ Mpc}$

Timing residuals: $R(T) = \int_{t_{\text{ref}}}^{t_{\text{ref}}+T} dt \frac{\Delta T}{P}$

$$R(T_{\text{GW}} = 3 \text{ yrs}) \simeq 60 \text{ nsec}$$

A GW with period of a few years induces a timing residual of order 100 nsec, the precision of pulsar monitoring!

This renders the measurement possible, provided one has at least a few years of data

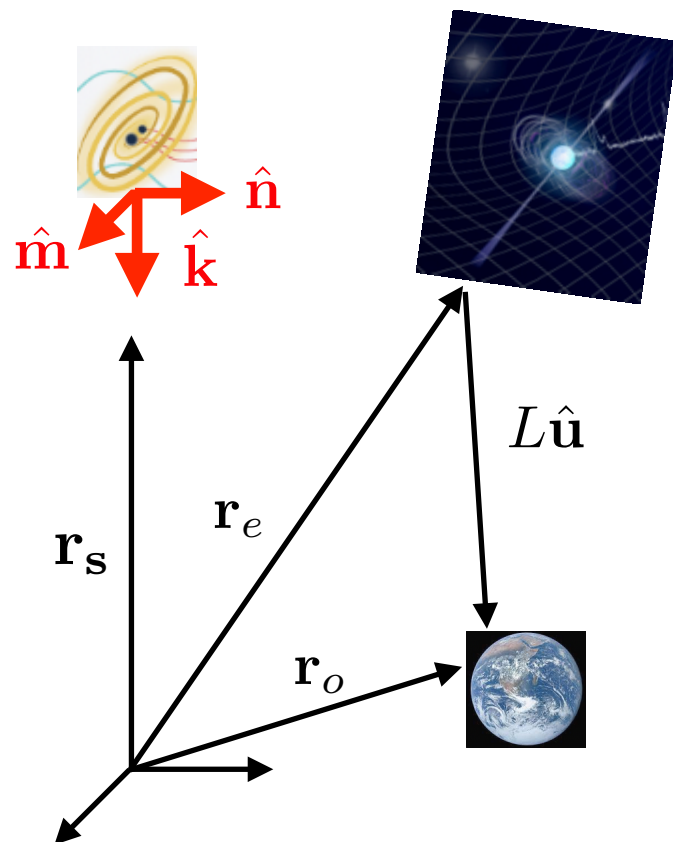


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HOWEVER! The signal from a single pulsar is very noisy: varying morphology of the pulses, propagation noise due to the dispersion by the interstellar medium, time referencing (time standards and solar system barycentre)...

Correlation between many pulsars to beat down the noise

$$\frac{\Delta T}{P} \simeq \frac{1}{2} \frac{\hat{u}^i \hat{u}^j}{1 - \hat{\mathbf{k}} \cdot \hat{\mathbf{u}}} [h_{ij}(t_e + L, \mathbf{r}_o) - h_{ij}(t_e, \mathbf{r}_e)]$$



Earth term:
GW left the source at
time

$$t_e + L - |\mathbf{r}_o - \mathbf{r}_s|$$

Pulsar term:
GW left the source at
time

$$t_e - |\mathbf{r}_e - \mathbf{r}_s|$$

This term is different for
each pulsar

In the correlation the Earth term in general dominates,
but the pulsar term can create noise (unless one can
determine the delay of each pulsar)

Pulsar timing arrays

Response of a pair of pulsars to a stochastic GW background

$$\langle R_a(T) R_b(T) \rangle = \int_{t_{\text{ref}}}^{t_{\text{ref}}+T} dt' \int_{t_{\text{ref}}}^{t_{\text{ref}}+T} dt'' \left\langle \left. \frac{\Delta T}{P}(t') \right|_a \left. \frac{\Delta T}{P}(t'') \right|_b \right\rangle$$

$$\left. \frac{\Delta T}{P}(t') \right|_a = \sum_r \int \frac{d\mathbf{k}^3}{(2\pi)^3} h_r(\mathbf{k}) F_a^r(\hat{\mathbf{k}}) e^{-ik(t' - \hat{\mathbf{k}} \cdot \mathbf{r}_o)} \left[1 - e^{ikL_a(1 - \hat{\mathbf{k}} \cdot \hat{\mathbf{u}}_a)} \right]$$

“Detector response” $F_a^r(\hat{\mathbf{k}}) = \frac{\hat{u}_a^i \hat{u}_a^j e_{ij}^r(\hat{\mathbf{k}})}{2(1 - \hat{\mathbf{k}} \cdot \hat{\mathbf{u}})}$

put Earth at origin to simplify Earth term Pulsar term

Use SGWB
power spectrum

$$\langle h_r(\mathbf{k}, \eta) h_p^*(\mathbf{q}, \eta) \rangle = \frac{8\pi^5}{k^3} \delta^{(3)}(\mathbf{k} - \mathbf{q}) \delta_{rp} h_c^2(k, \eta)$$

The Earth term
dominates

$$\left[1 - e^{ikL_a(1 - \hat{\mathbf{k}} \cdot \hat{\mathbf{u}}_a)} \right] \left[1 - e^{-ikL_b(1 - \hat{\mathbf{k}} \cdot \hat{\mathbf{u}}_b)} \right] \simeq 1$$

$$kL_a = \mathcal{O}(2\pi \cdot 10^{-8} \text{ Hz} \cdot 500 \text{ pc}) = \mathcal{O}(3000) \gg 1$$

$a \neq b$
and SMBHB
not in pulsar
direction

Pulsar timing arrays

Response of a pair of pulsars to a stochastic GW background

$$\langle R_a(T) R_b(T) \rangle = \int_{t_{\text{ref}}}^{t_{\text{ref}}+T} dt' \int_{t_{\text{ref}}}^{t_{\text{ref}}+T} dt'' \left\langle \left. \frac{\Delta T}{P}(t') \right|_a \left. \frac{\Delta T}{P}(t'') \right|_b \right\rangle$$

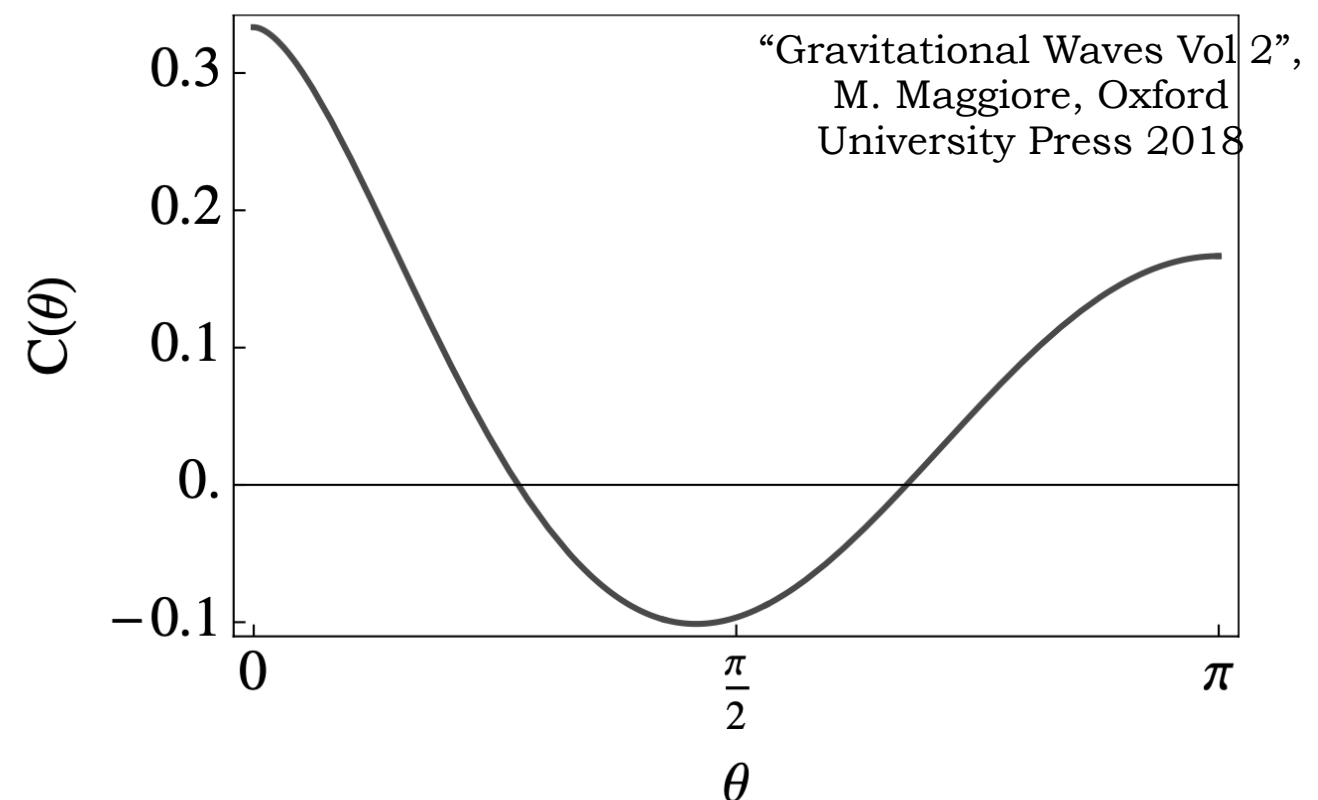
θ_{ab} angle
between
pulsars

$$= \mathcal{C}(\theta_{ab}) \int_0^\infty df \frac{h_c^2(f)}{(2\pi)^2 f^3} [1 + \cos(2\pi f(T - t_{\text{ref}}))]$$

Hellings and Downs curve, characteristic of a GW signal
because consequence of the quadrupolar nature of GWs

$$\begin{aligned} \mathcal{C}(\theta_{ab}) &= \int \frac{d\hat{\mathbf{k}}}{4\pi} \sum_r F_r^a(\hat{\mathbf{k}}) F_r^b(\hat{\mathbf{k}}) \\ &= \frac{1}{3} - \frac{1}{6} x_{ab} + x_{ab} \log(x_{ab}) \end{aligned}$$

$$x_{ab} = \frac{1}{2} (1 - \cos \theta_{ab})$$



Pulsar timing arrays

Observation of the *Hellings and Downs curve* is **smoking gun evidence** of GW detection

(not only SGWB but also from a single SMBHB - Cornish & Sesana arXiv:1305.0326)

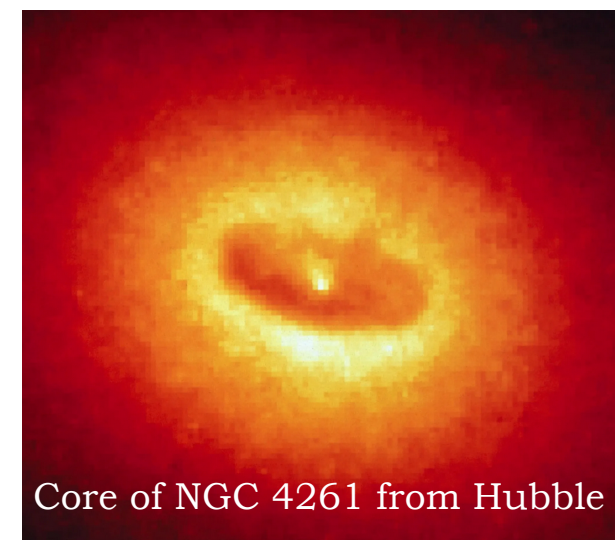
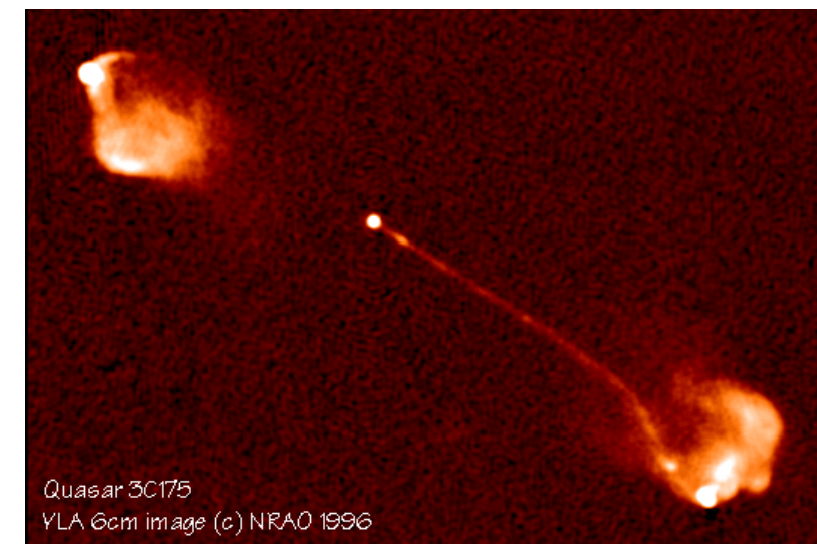
time referencing errors generate a correlated noise but:

- noise from uncertainties on the time standards on Earth is independent on the pulsar angles
- noise from uncertainties on the solar system barycentre position take the form of a (rotating) dipole (dependent on the cosinus of the angle) -> can contaminate the quadrupole

A SGWB from SMBHBs is the best candidate source in PTA frequency band

What are SMBHBs?

- They have been observed in the core of galaxies and are the central engine of active galactic nuclei
- They can originate from the collapse of massive stars ($\sim 100 M_{\odot}$) or gas clouds ($\sim 10^4 M_{\odot}$), and then grow in mass through gas accretion and/or mergers following the collision of their host galaxies (but their origin is still to be confirmed, they can also be primordial...)
- JWST sees SMBHs up to very high redshift $z \sim 11$
- Their presence is linked to the formation of galaxies and matter structure in the Universe

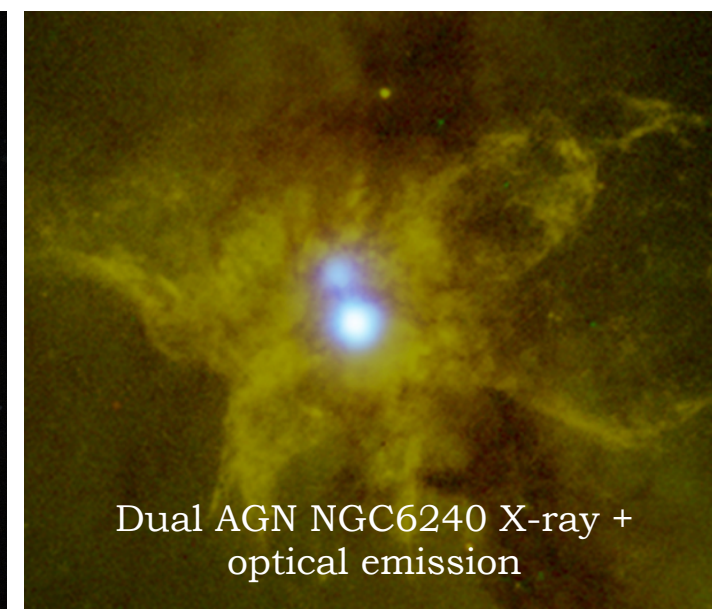
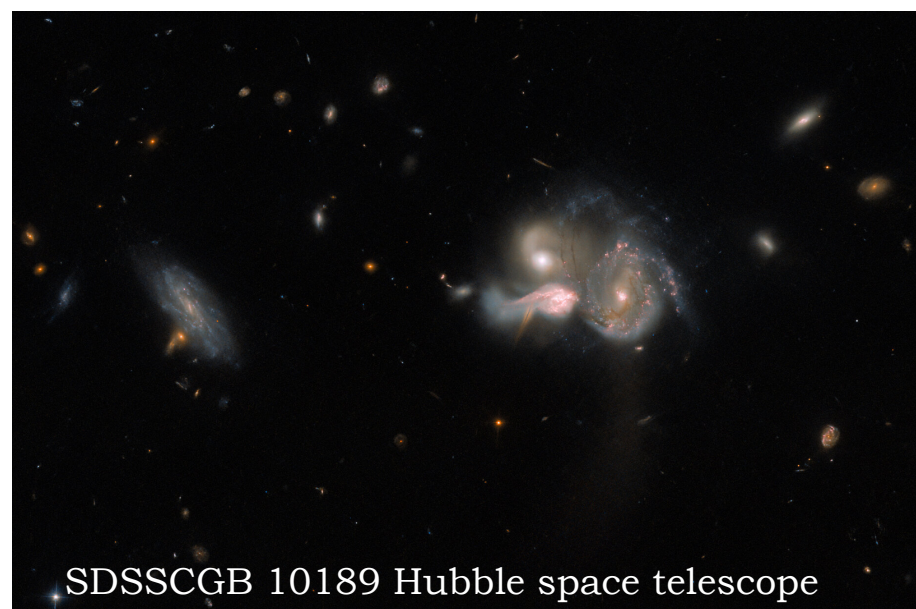
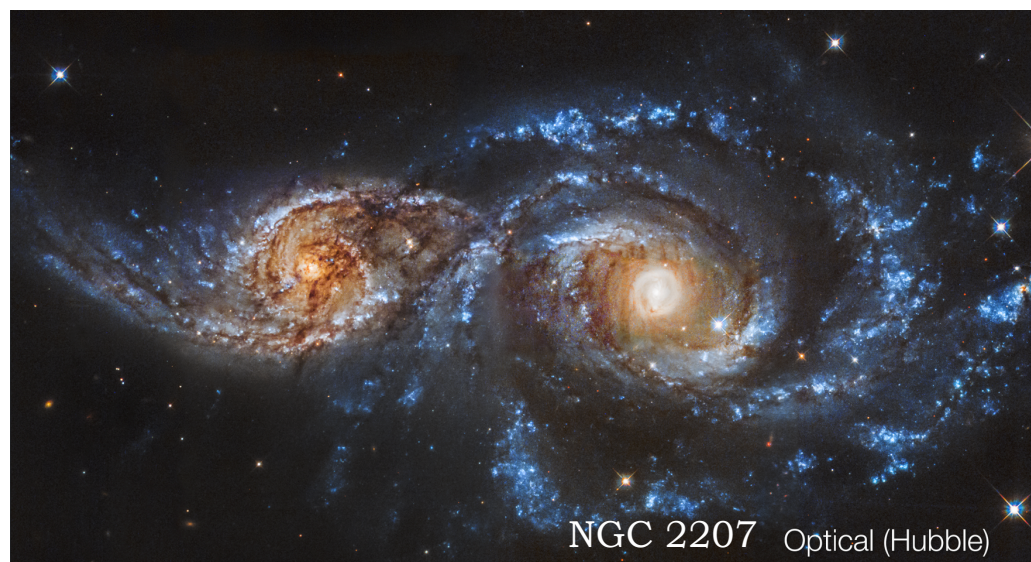


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HOWEVER!

- To emit GWs, SMBHs must be paired in gravitationally bound binaries in the GW emitting regime: separation of ~ 0.01 - 0.001 pc
- Binaries can be formed after the collision of two galaxies: the MBH previously at the centre of galaxies get to $\sim$ kpc separation (X-ray evidence from dual AGNs)
- Dynamical friction drives the two MBH towards the centre of the new galaxy until they form a bound binary
- 3-body interaction with the surrounding stars subsequently shrinks the binary to pc separation
- How to get them to the millipc separation necessary for GW emission and merger within one Hubble time? **“LAST PARSEC PROBLEM”**
- maybe more stars arrive, or there is gas drag from interaction with a circumbinary disk, and/or another MBH arrives...

If PTAs observe the SGWB from SMBHBs it means that
SMBHBs exist and merge in the universe!



Pulsar timing arrays

Prediction from SMBHBs
formation scenarios

How does the SGWB from SMBHBs look like?

Characteristic strain:
red spectrum

$$h_c(f) = A \left(\frac{f}{f_{\text{ref}}} \right)^{-\alpha} \text{ with } \alpha = \frac{2}{3} \quad A = \mathcal{O}(10^{-15}) \text{ at } f_{\text{ref}} = 1 \text{ yr}^{-1}$$

Timing residuals power
spectral density:
Also red spectrum

$$S_{ab}(f) = \mathcal{C}(\theta_{ab}) \Phi(f)$$

Circular binary

$$\Phi(f) = \frac{A^2}{(2\pi)^2} f_{\text{ref}}^{-3} \left(\frac{f}{f_{\text{ref}}} \right)^{-\gamma} \text{ with } \gamma = 2\alpha + 3 = \frac{13}{3}$$

Where does this spectral shape come from?

SGWB from a population of inspiralling binaries

$$h_c(f) = A \left(\frac{f}{f_{\text{ref}}} \right)^{-\alpha} \text{ with } \alpha = \frac{2}{3}$$

in terms of the power spectrum of the GW energy density becomes

$$\Omega_{\text{GW}}(f) = \frac{2\pi^2}{3H_0^2} f^2 h_c^2(f) = \Omega_{\text{GW}}(f_{\text{ref}}) \left(\frac{f}{f_{\text{ref}}} \right)^{2/3}$$

$$\frac{\rho_{\text{GW}}^{(\text{tot})}}{\rho_c} = \int_0^\infty \frac{df}{f} \Omega_{\text{GW}}(f) = \int d\xi \int dV_c \int d\tau_c \frac{d^3 N(z, \tau_c, \xi, \theta)}{d\xi dV_c d\tau_c} \frac{\rho_{\text{GW}}^{(\text{event})}}{\rho_c}$$

Parameters of the binary signal (essentially chirp mass)

Coming volume

Time to coalescence

Number density of GW sources (given within an astrophysical model for the binary population)

GW energy emitted by a single event

At the source

$$\frac{\rho_{\text{GW}}^{(\text{event})}}{\rho_c} = \frac{1}{16\pi G \rho_c} \frac{\langle \dot{h}_+^2 + \dot{h}_\times^2 \rangle}{(1+z)^4}$$

SGWB from a population of inspiralling binaries

$$\dot{h}_+(t_S) = \frac{4\pi^{2/3}}{a(t_S)r} (G M_c)^{5/3} \left(\frac{1 + \cos^2 \theta}{2} \right) \frac{d[f^{2/3}(t_S) \cos(2\Phi(t_S))]}{dt_S}$$

In the limit of circular
orbit with slowly
varying radius

$$\dot{f}_S \ll f_S^2$$

$$\simeq -f^{2/3}(t_S) \underbrace{2 \dot{\Phi}(t_S)}_{\downarrow} \sin(2\Phi(t_S))$$

$$\pi f_S$$

$$\langle \dot{h}_+^2(t_S) \rangle = \frac{32}{a_S^2 r^2} (\pi G M_c)^{10/3} \left(\frac{1 + \cos^2 \theta}{2} \right)^2 f_S^{10/3}$$

$$\frac{\rho_{\text{GW}}^{(\text{tot})}}{\rho_c} = \int d\xi \int d\tau_c \int dz \frac{d_M^2}{H(z)} \frac{d^3 N(z, \tau_c, \xi, \theta)}{d\xi dV_c d\tau_c} \frac{1}{16\pi G \rho_c (1+z)^4}$$

$$\frac{32}{a_S^2 r^2} (\pi G M_c f_S)^{10/3} \int d\Omega \left[\left(\frac{1 + \cos^2 \theta}{2} \right)^2 + \cos^2 \theta \right]$$

$d_M = a_0 r$
Extra factor $(1+z)^2$

$$dV_c = \frac{d_M^2}{H(z)} d\Omega dz$$

$$= 16\pi/5$$

SGWB from a population of inspiralling binaries

Express the integral over time to coalescence in terms of frequency and change to frequency at the observer

$$\frac{df_S}{d\tau_c} = \frac{96\pi^{8/3}}{5} (G M_c)^{5/3} f_S^{11/3}$$

$$f_S = f(1 + z)$$

$$\frac{\rho_{\text{GW}}^{(\text{tot})}}{\rho_c} = \frac{\pi^{2/3}}{3 G \rho_c} \int \frac{df}{f} f^{2/3} \int d\xi \int \frac{dz}{H(z)(1+z)^{4/3}} (G M_c)^{10/3} \frac{d^3 N(z, \tau_c, \xi, \theta)}{d\xi dV_c d\tau_c}$$

$$\frac{\rho_{\text{GW}}^{(\text{tot})}}{\rho_c} = \int_0^\infty \frac{df}{f} \Omega_{\text{GW}}(f)$$

$$\Omega_{\text{GW}}(f) = \Omega_{\text{GW}}(f_{\text{ref}}) \left(\frac{f}{f_{\text{ref}}} \right)^{2/3}$$

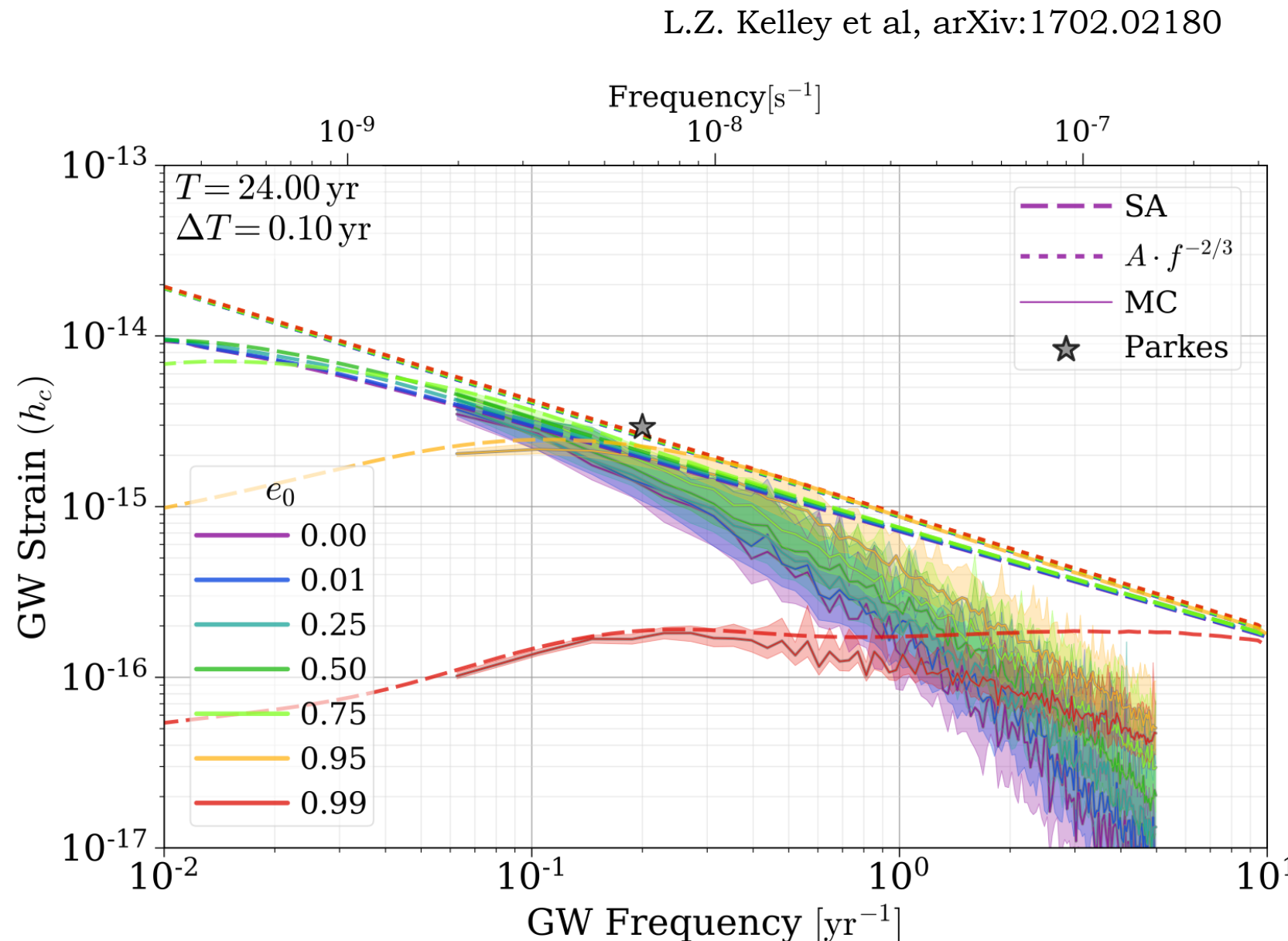


SGWB amplitude determined by
the population characteristics
and the cosmology

SGWB from a population of inspiralling binaries

The features of the SGWB power spectrum (amplitude A , slope α ...) depend on the population characteristics such as the binary merger rate, its dependence with mass and redshift, the surrounding stellar density, the initial binary eccentricity...

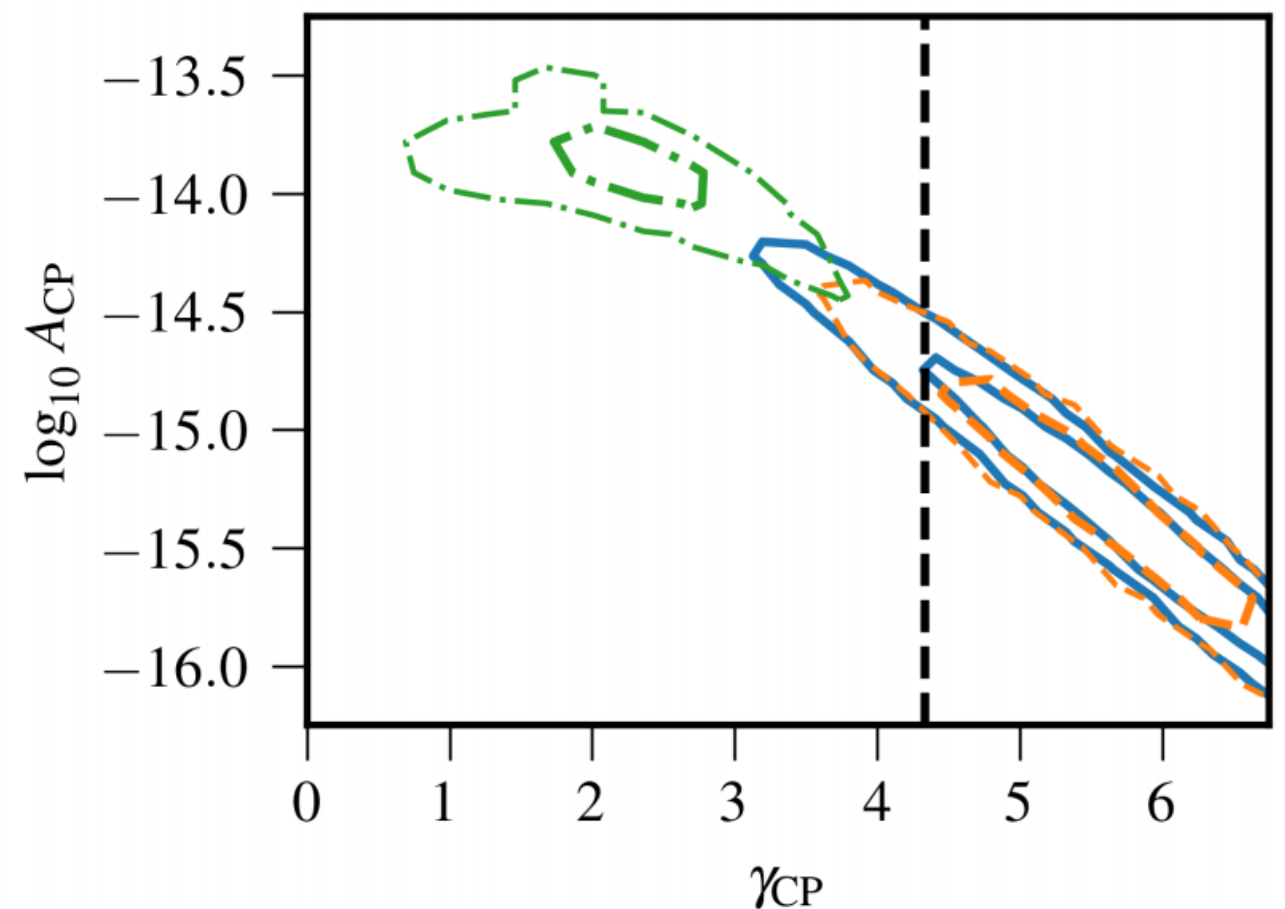
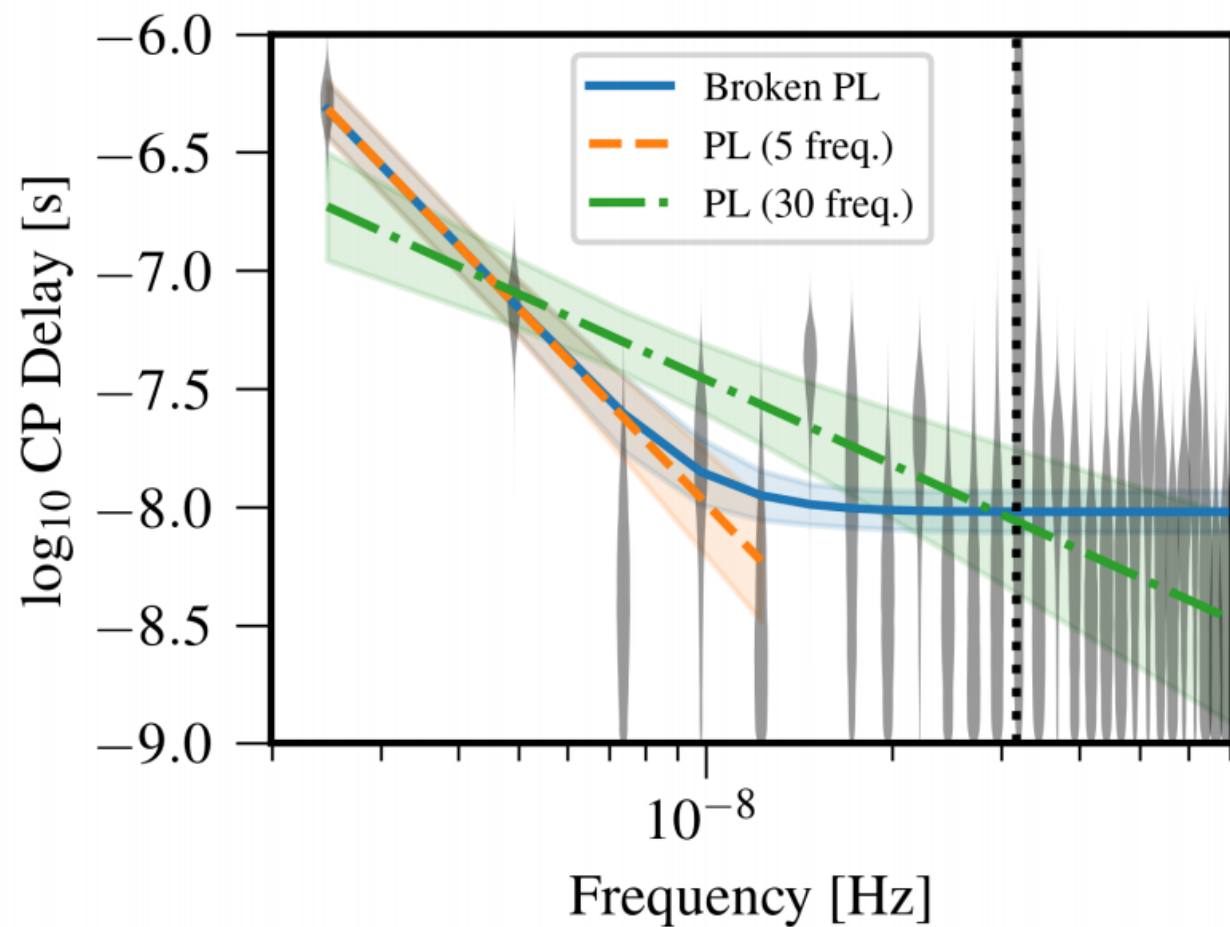
- The assumption of homogeneous and isotropic SGWB isn't justified at high frequency: SMBHBs are less numerous, the SGWB slope is steeper, and discreteness starts to appear with spikes due to the loudest SMBHBs
- Interactions with the binary environment makes hardening stronger and suppresses SGWB power at low frequency
- Eccentricity enhances GW emission at higher frequencies



Pulsar timing arrays

In 2020, NANOGrav (followed by EPTA and PPTA) has announced the presence of a common red noise in their 12.5 years data

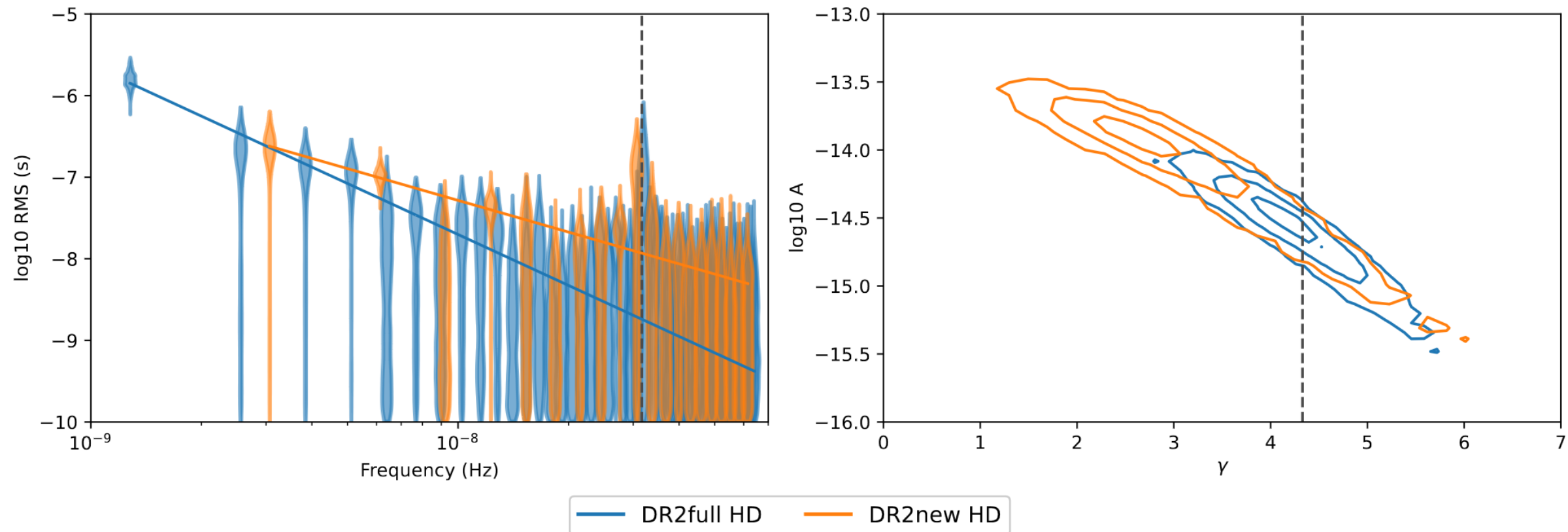
$$\Phi(f) = \frac{A^2}{(2\pi)^2} f_{\text{ref}}^{-3} \left(\frac{f}{f_{\text{ref}}} \right)^{-\gamma} \quad \text{with} \quad \gamma = 2\alpha + 3 = \frac{13}{3}$$



Pulsar timing arrays

Last year, all PTAs have confirmed the observation of a common red noise supplemented by evidence for the Hellings-Downs correlation

EPTA results:

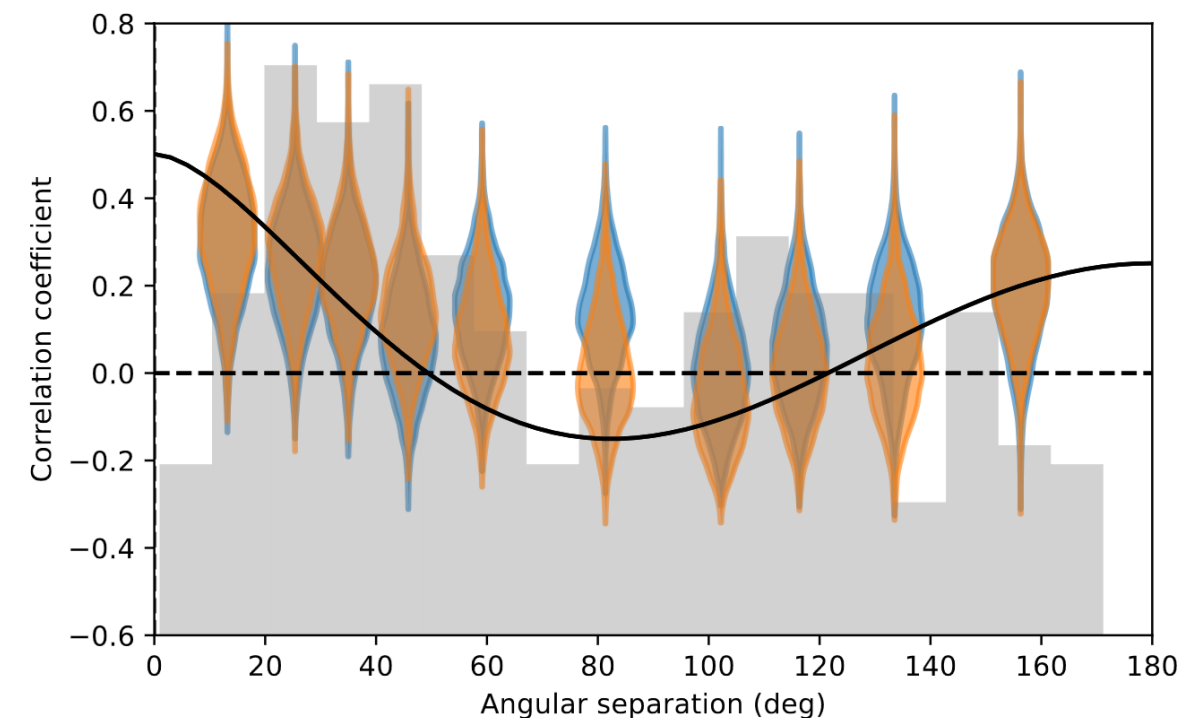


DR2new (10.3 yrs):

$$\log A = -13.94^{+0.23}_{-0.48} \quad \gamma = 2.71^{+1.18}_{-0.73} \quad \mathcal{B} = 60$$

DR2full (25 yrs):

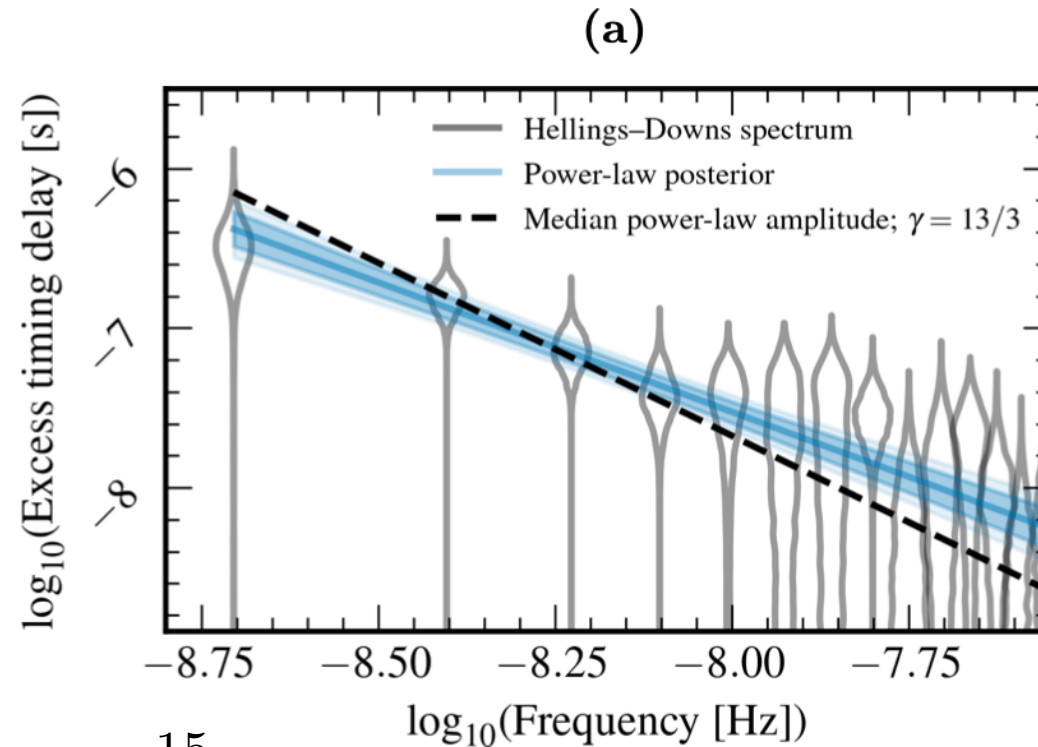
$$\log A = -14.54^{+0.28}_{-0.41} \quad \gamma = 4.19^{+0.73}_{-0.63} \quad \mathcal{B} = 4$$



Pulsar timing arrays

Last year, all PTAs have confirmed the observation of a common red noise supplemented by evidence for the Hellings-Downs correlation

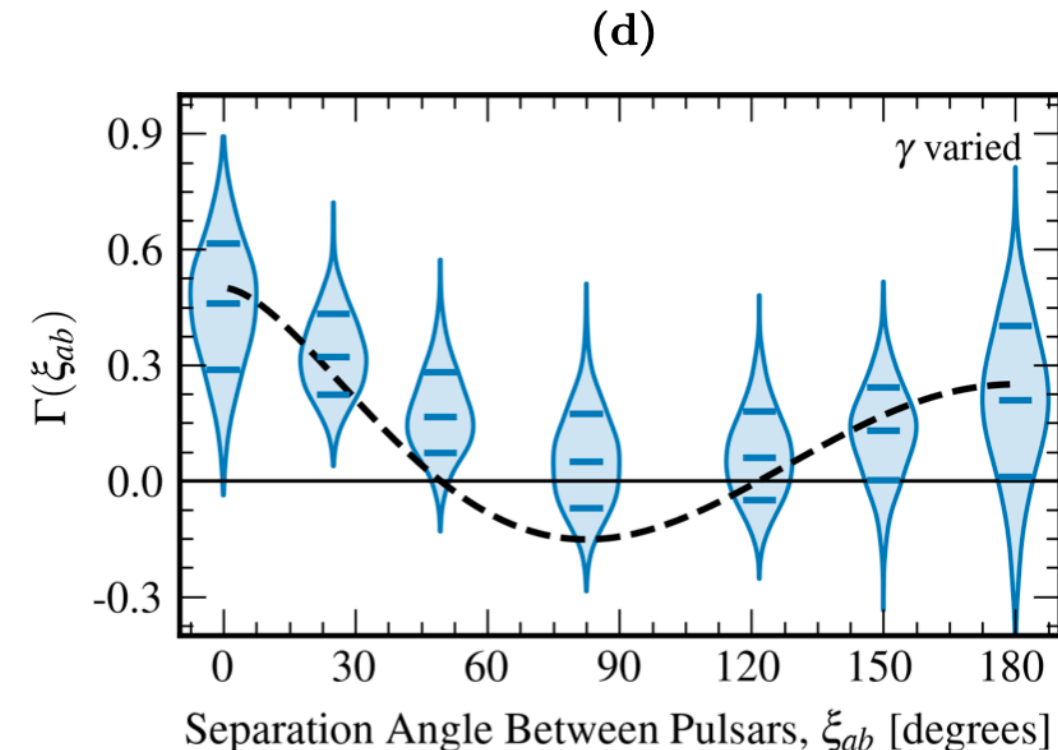
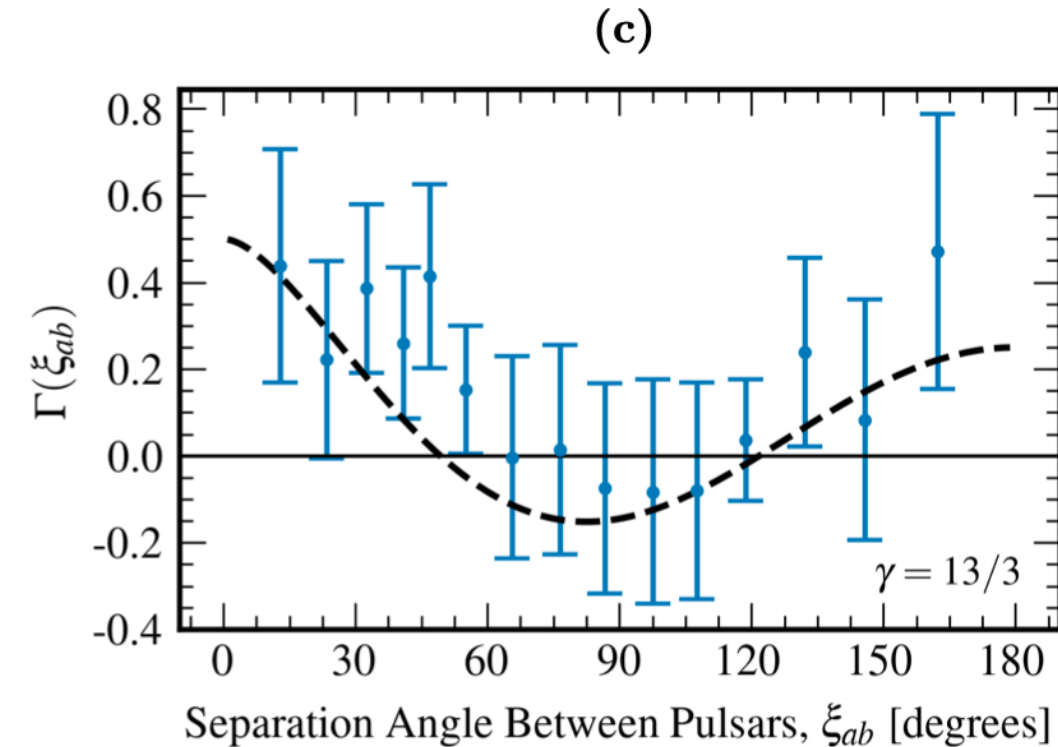
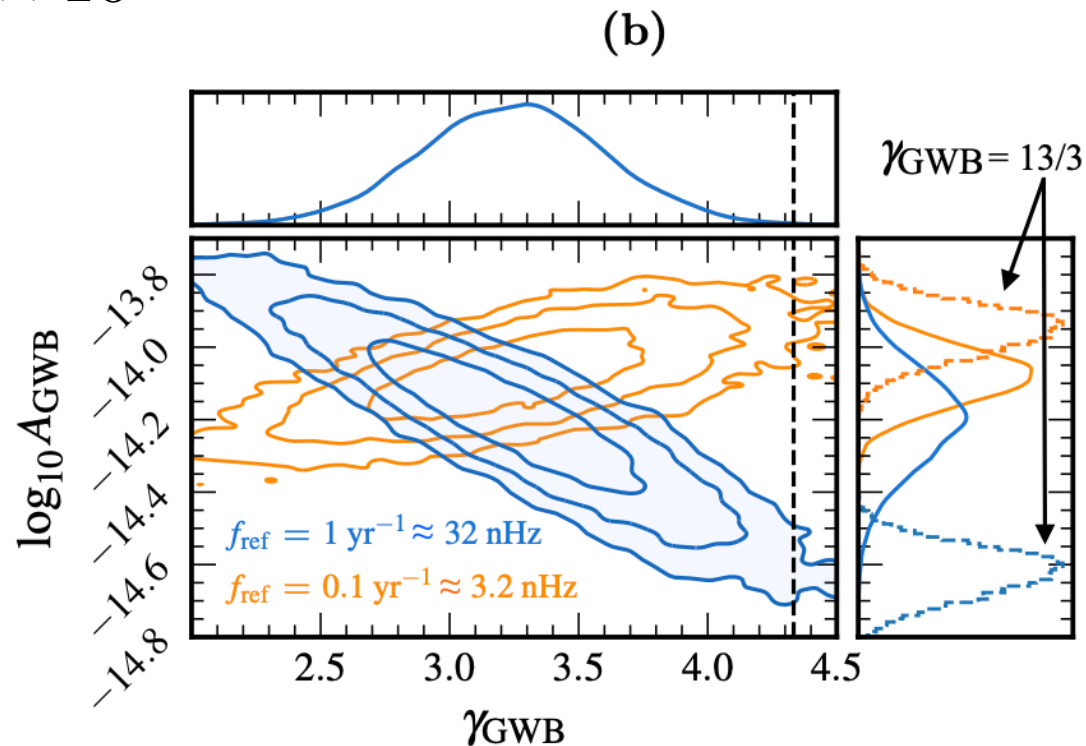
NANOGrav results:



$$A = -6.4^{+4.2}_{-2.7} \times 10^{-15}$$

$$\gamma = 3.2^{+0.6}_{-0.6}$$

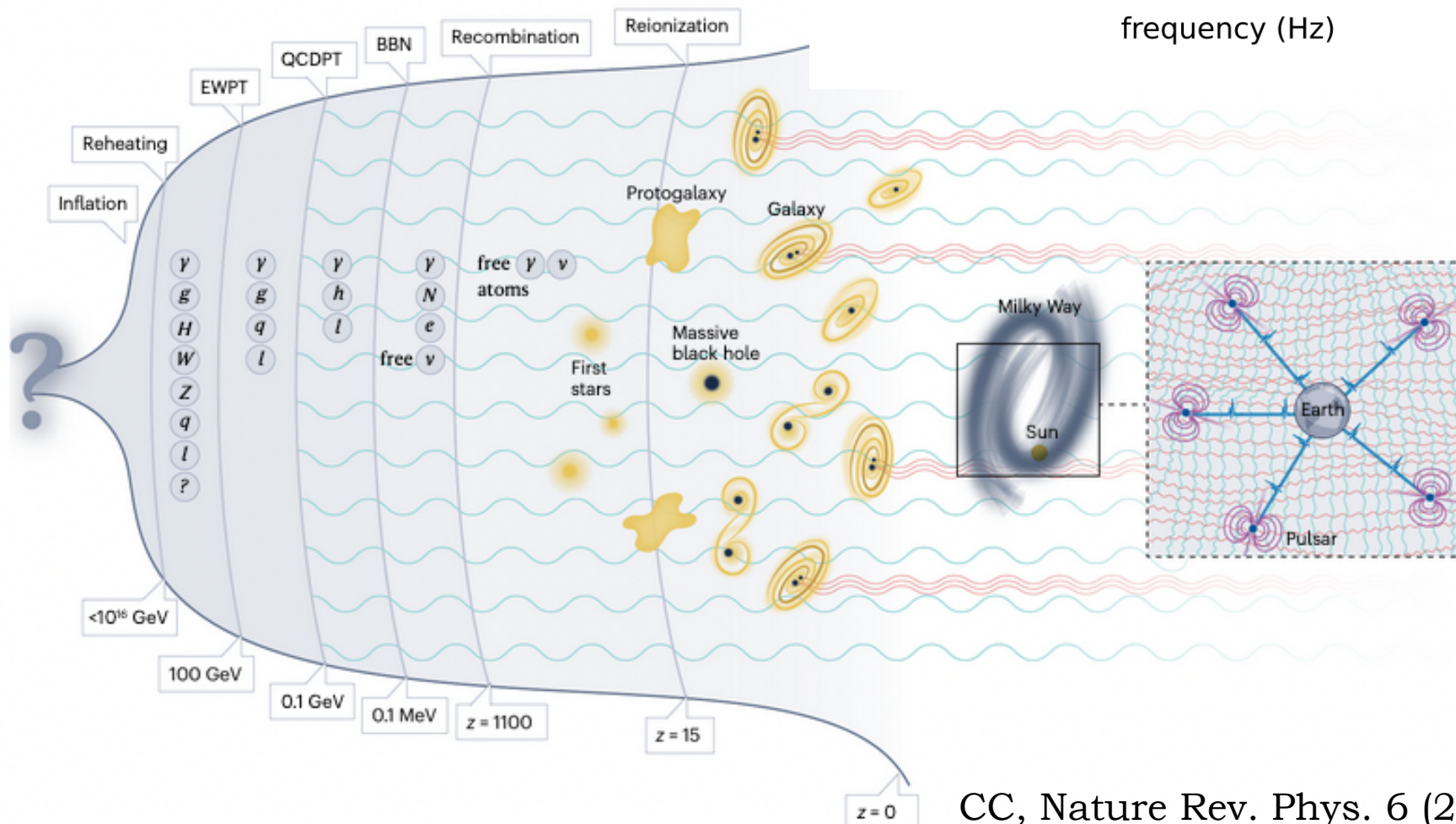
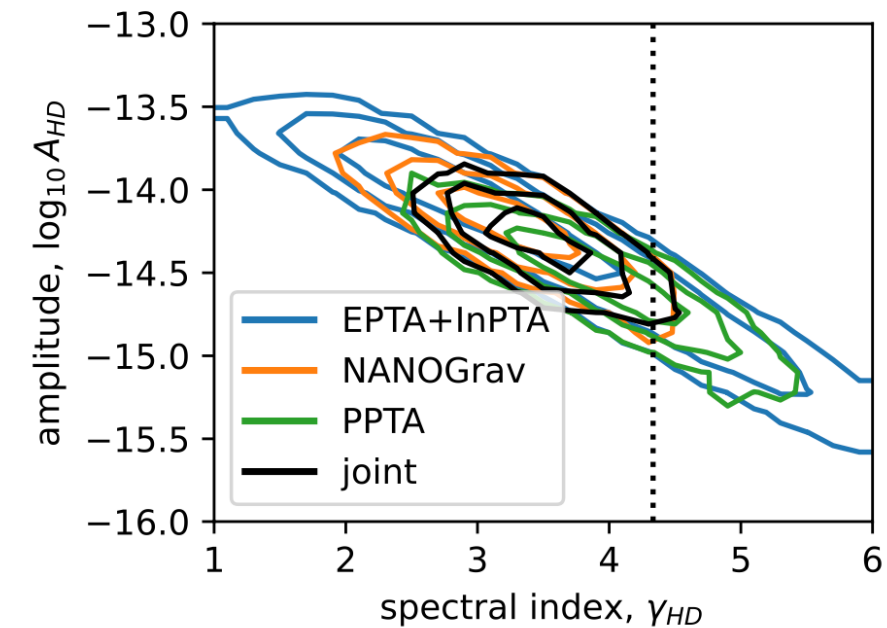
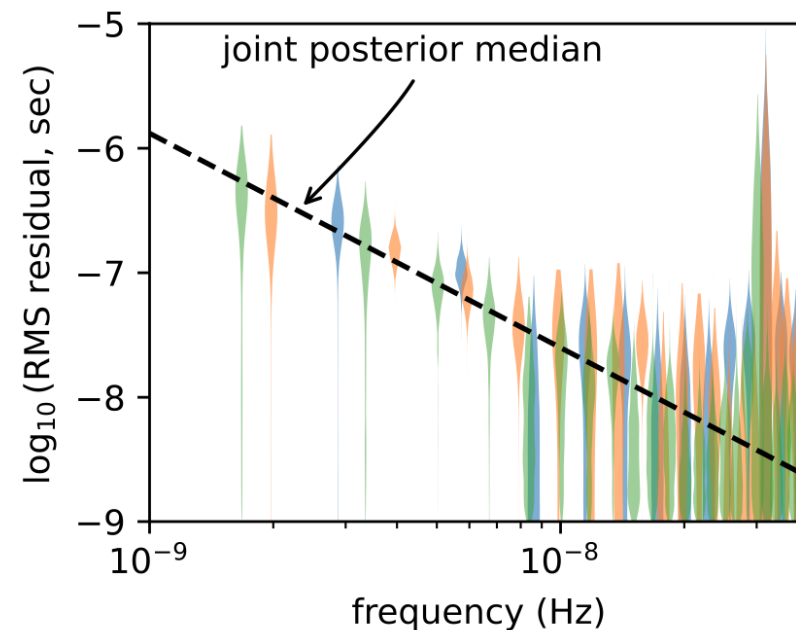
$$\mathcal{B} = 226$$



Pulsar timing arrays

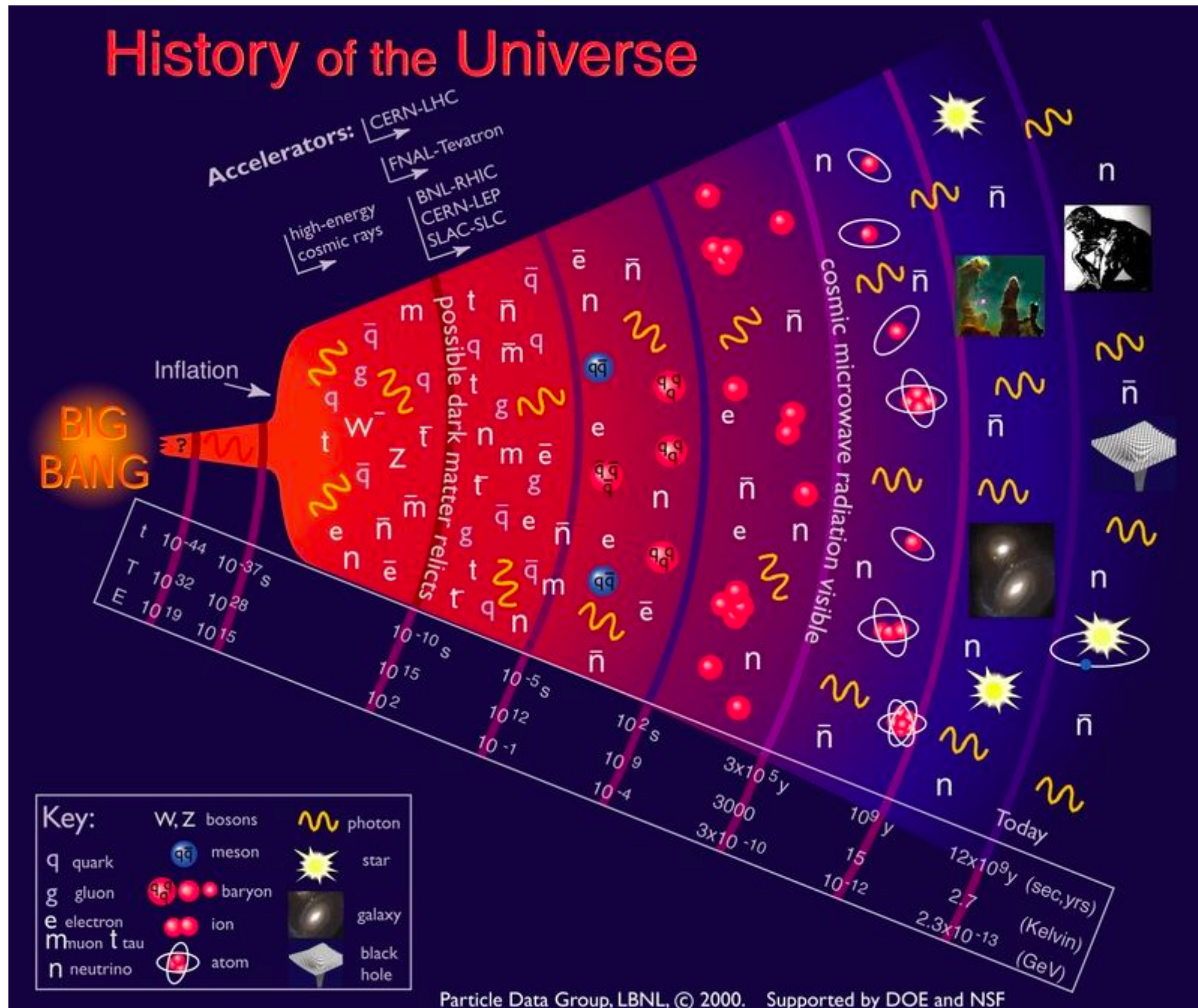
- The slopes are shallower than $13/3$ (but maybe the model isn't fully adapted...)
- The amplitude is consistent with the one from a SMBHBs SGWB
- All datasets are consistent within 1σ as shown by IPTA

IPTA Collaboration,
arXiv:2309.00693

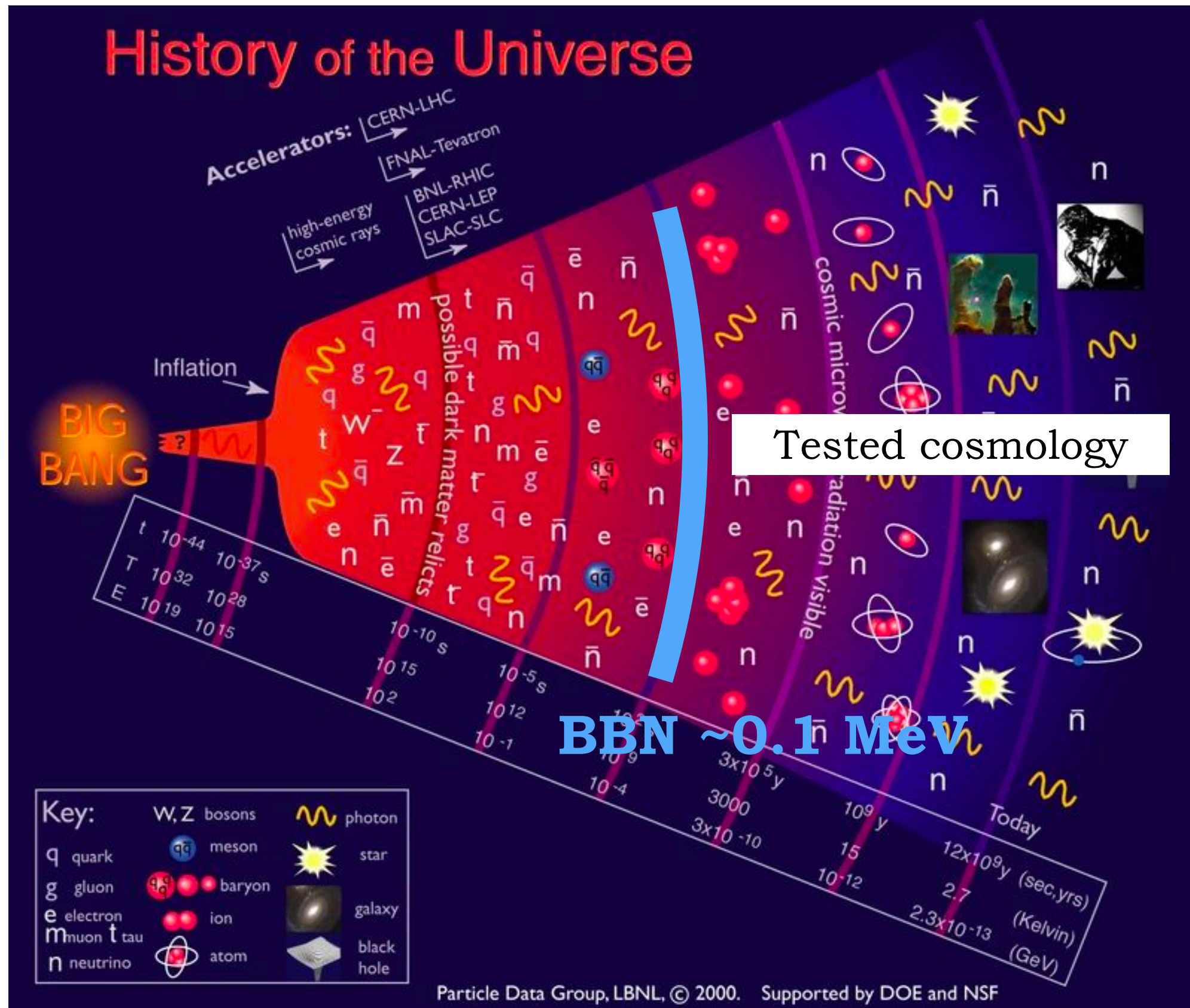


But the signal
could also be of
primordial origin...

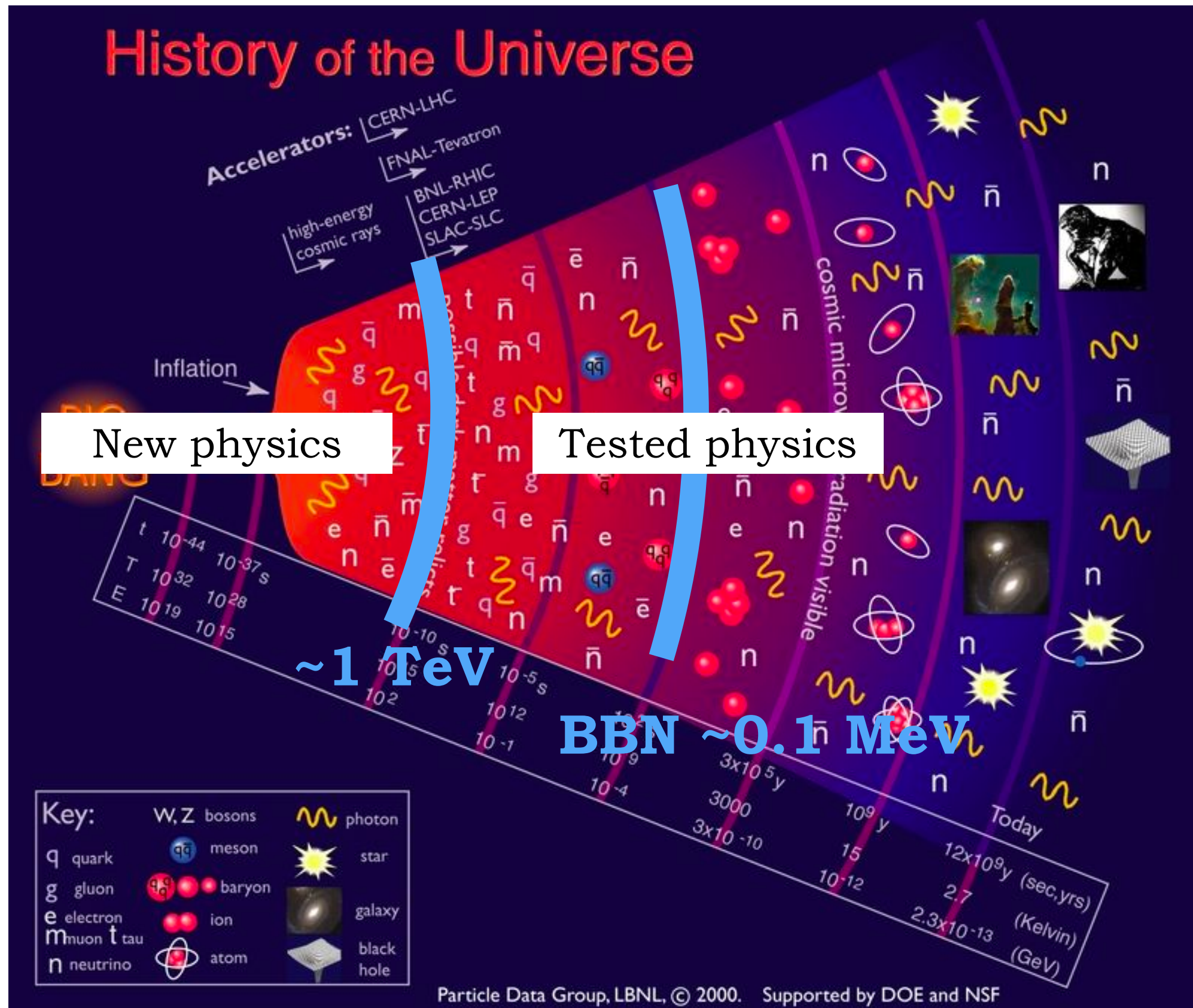
Examples of SGWB sources in the early universe



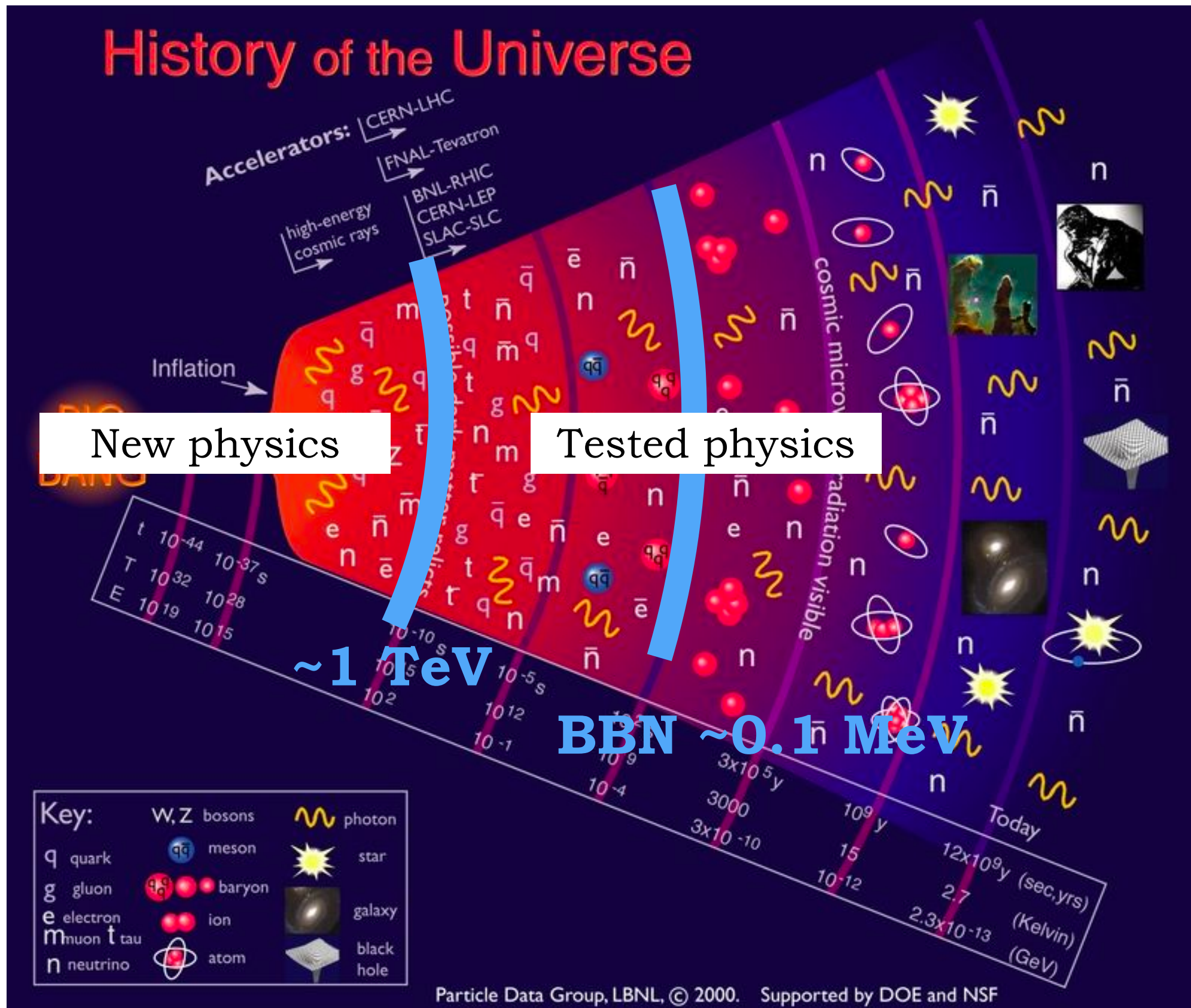
GWs can bring direct information from very early stages of the universe evolution, to which we have no direct access through em radiation —>
amazing discovery potential



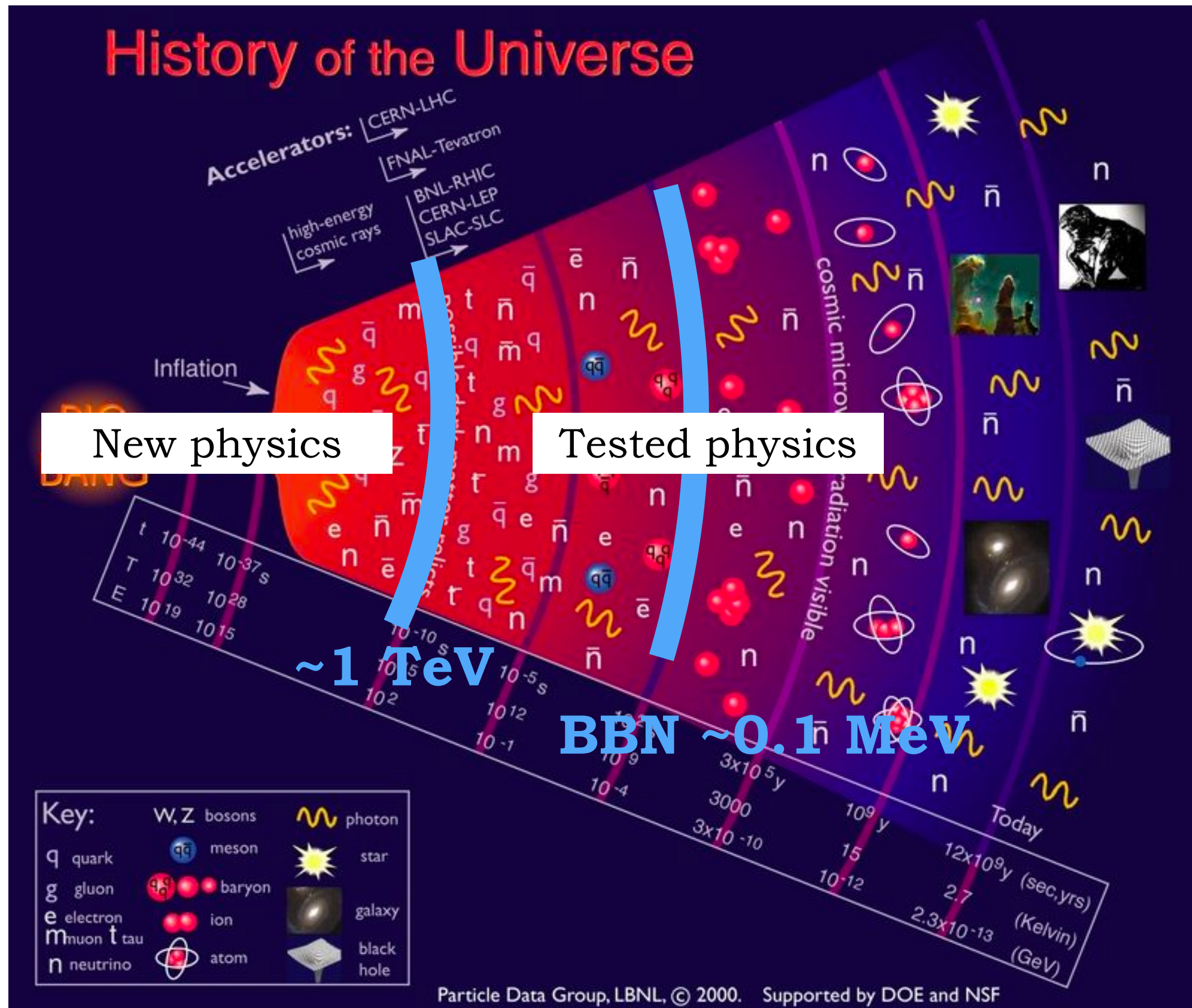
No guaranteed GW signal: predictions rely on untested phenomena, and are often difficult to estimate (non-linear dynamics, strongly coupled theories...)



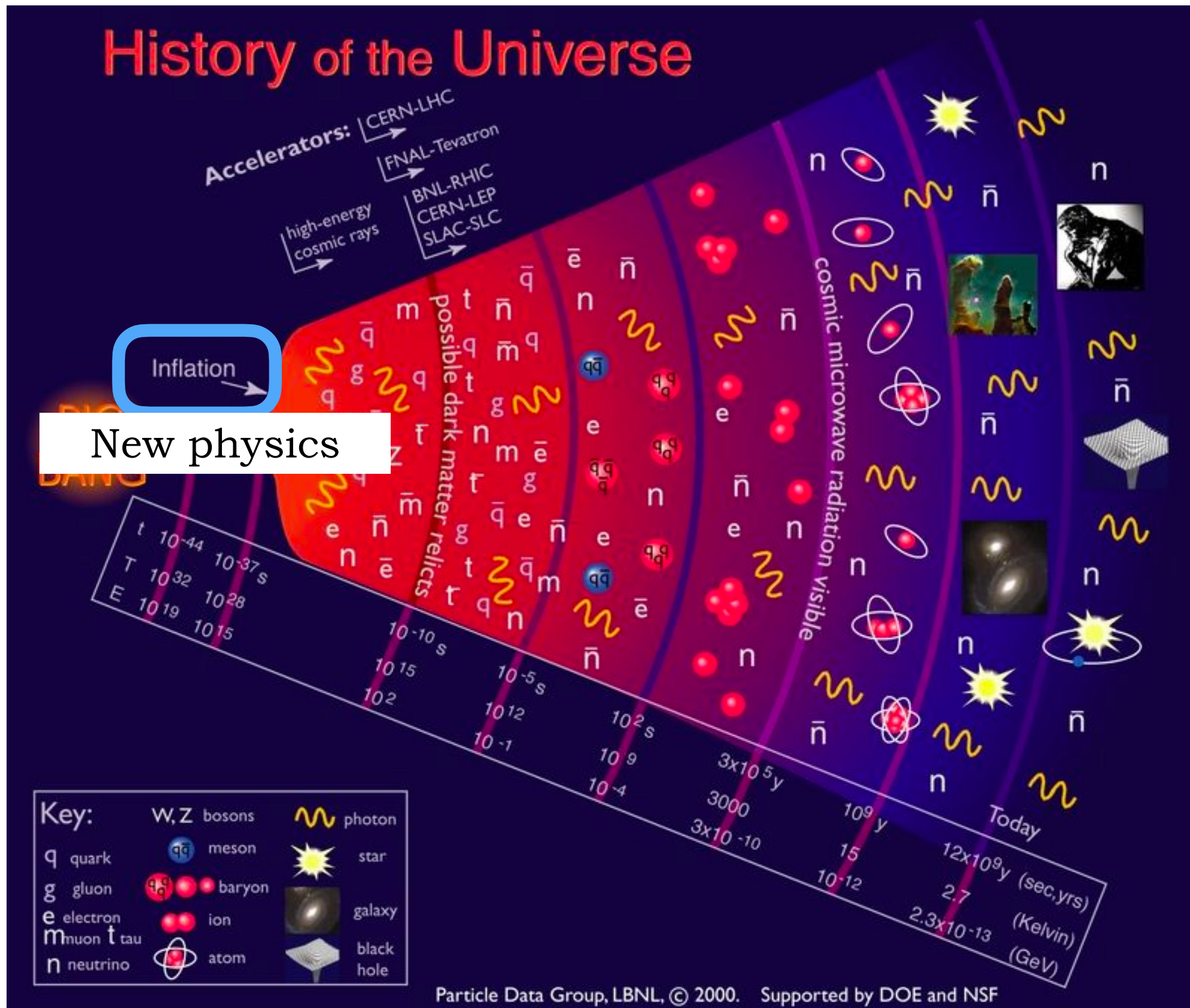
Many GW generation processes are related to **PHASE TRANSITIONS**



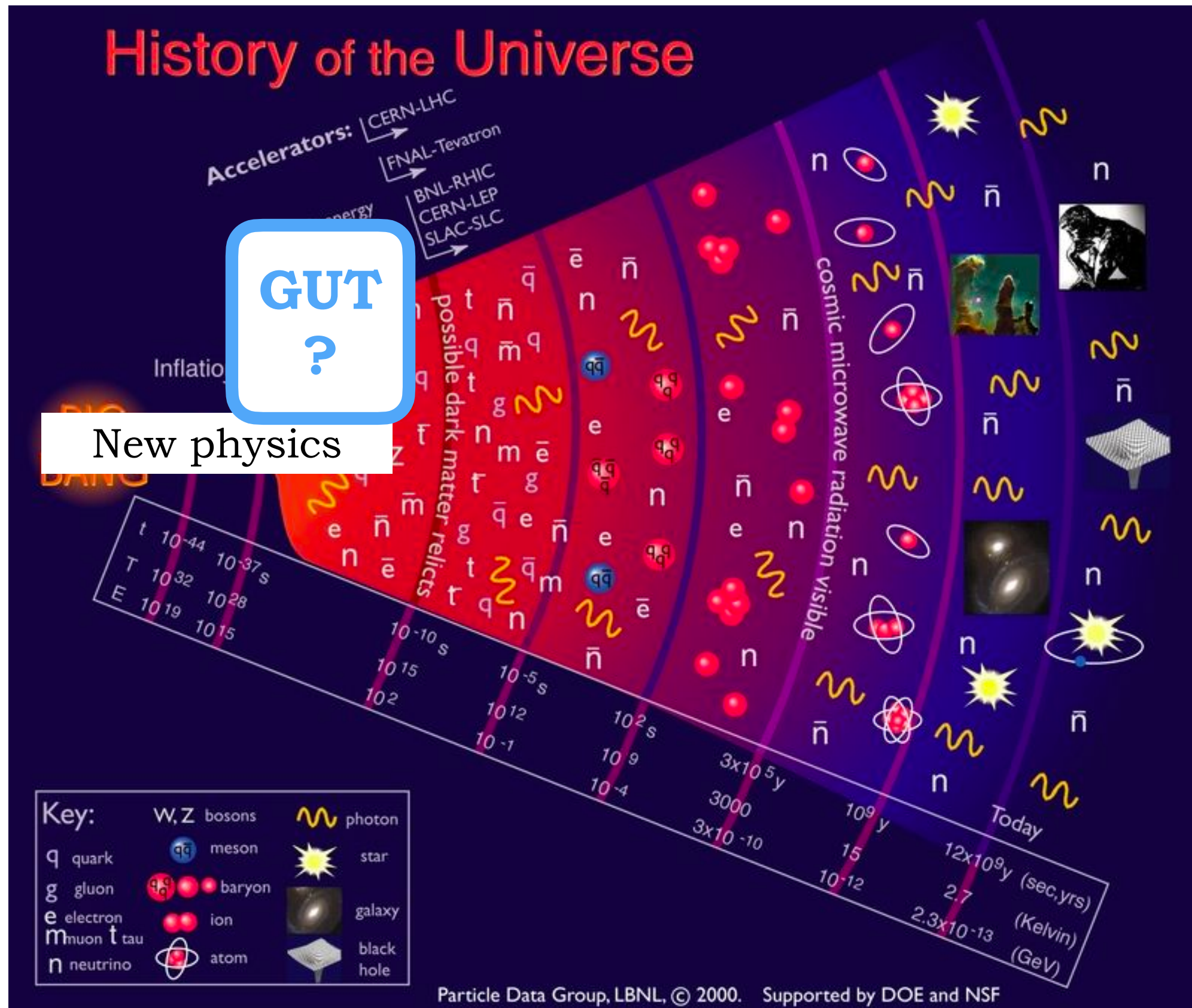
Phase transition: some field in the universe changes from one state to another, which has become more energetically favourable due to a change in external conditions (e.g. a change in temperature)



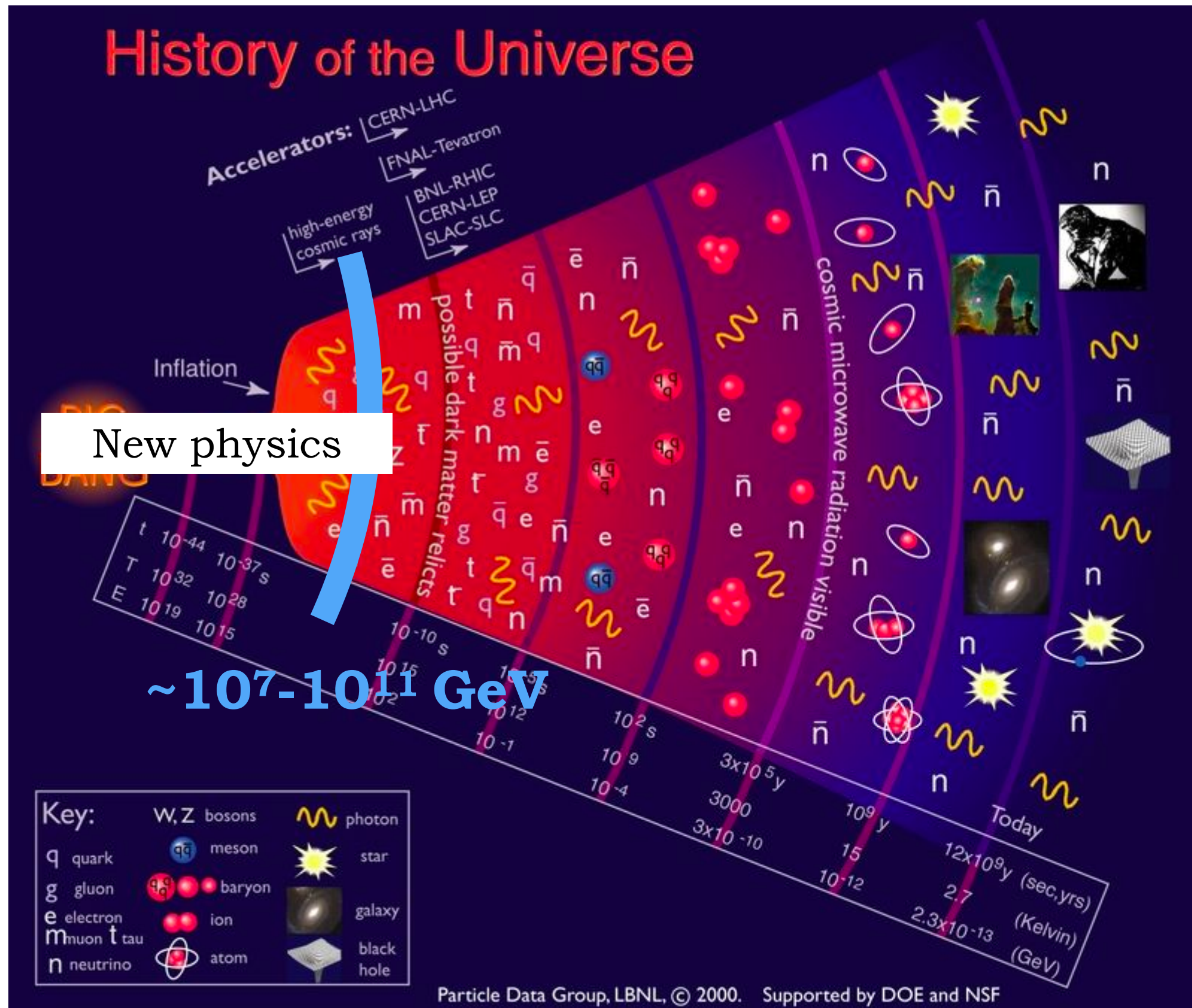
Inflation: phase transition of the Inflaton field



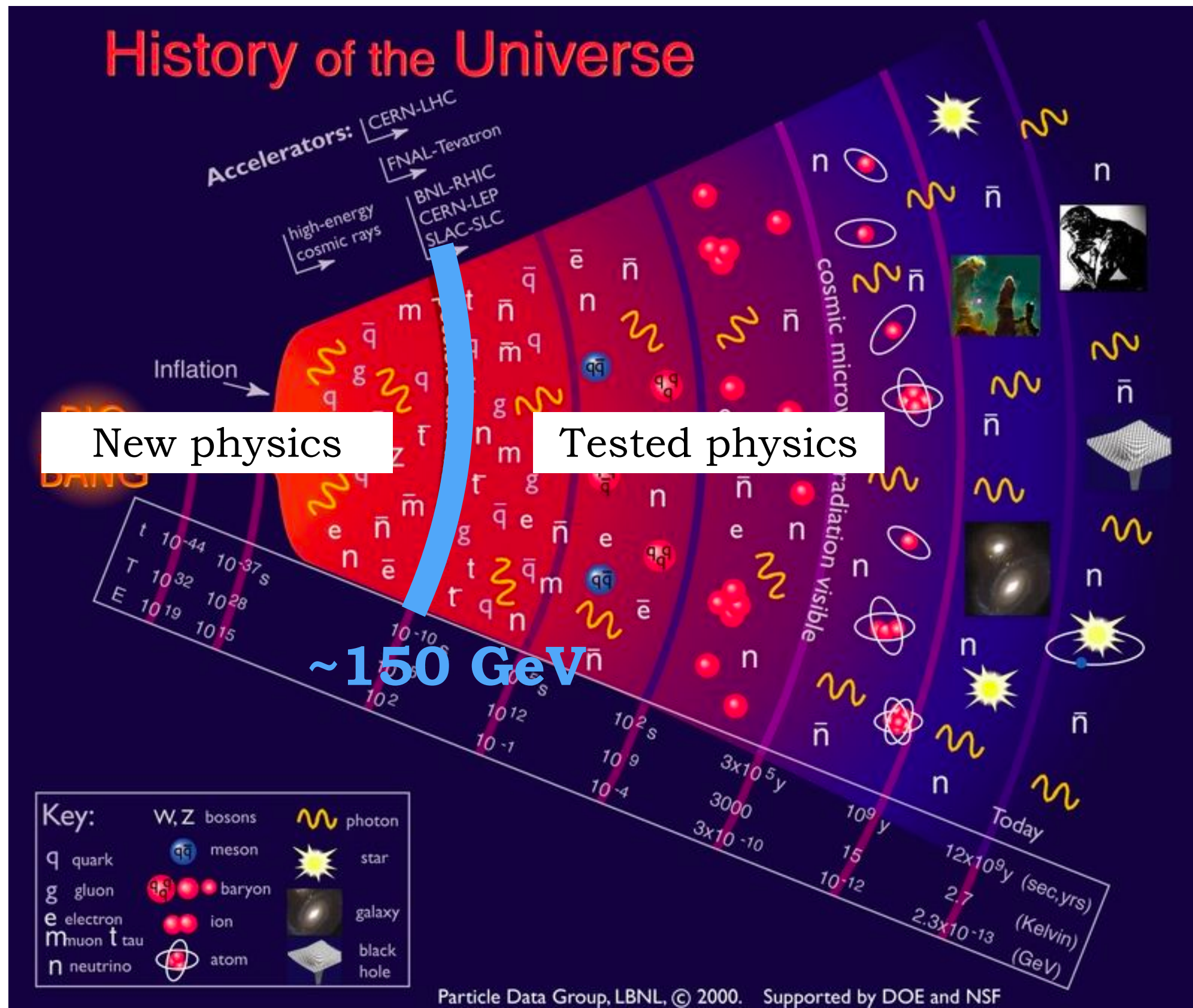
GUT phase transition or similar: related to the breaking of the symmetries of the high-energy theory describing the universe



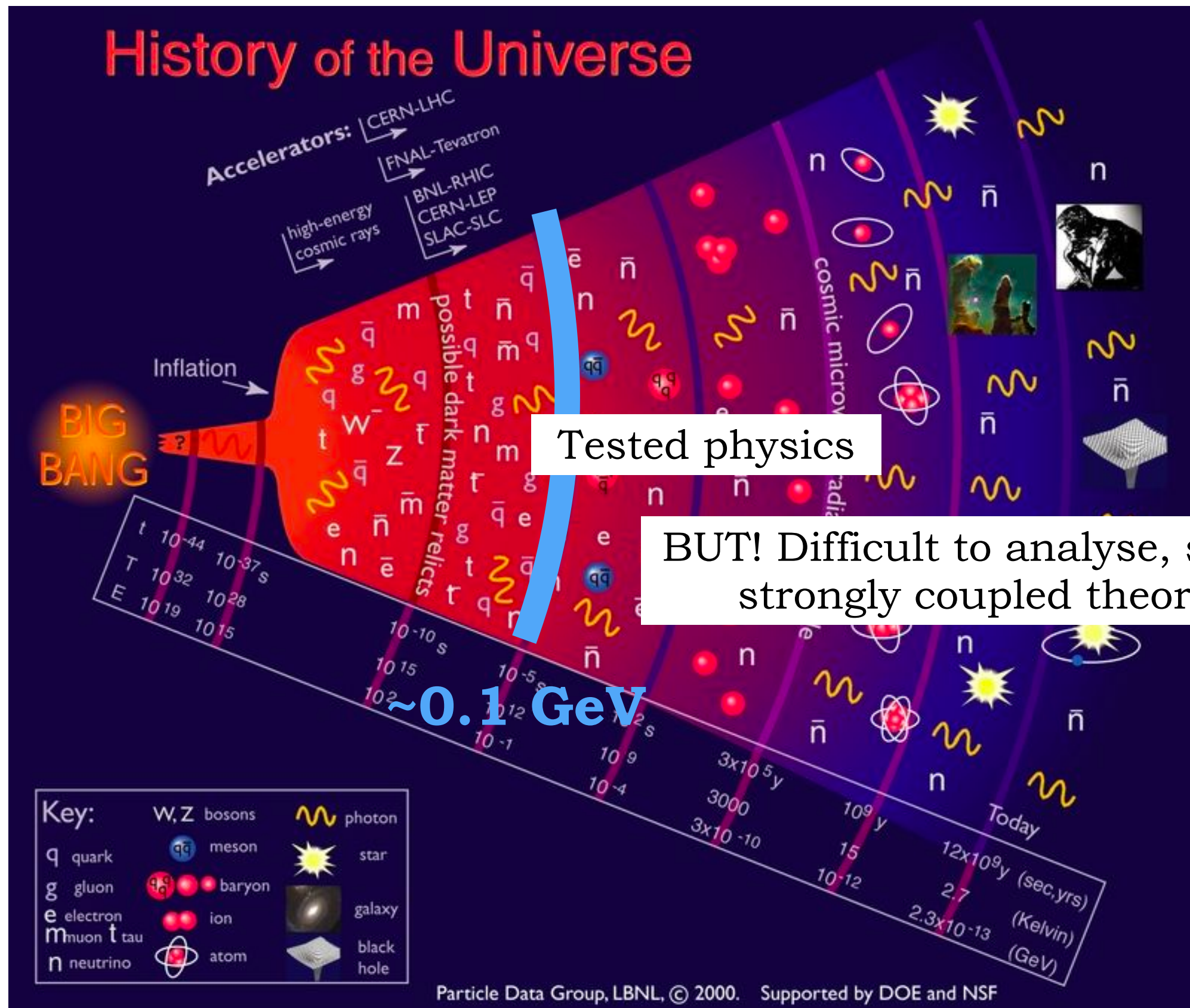
Peccei-Quinn phase transition: invoked to solve the strong CP problem



Electroweak phase transition: phase transition of the Higgs field, driven by the temperature decrease as the universe expands



QCD phase transition: phase transition related to the strong interaction, confinement of quarks into hadrons



Examples of GW sources in the early universe :

- irreducible SGWB from inflation
 - also sourced by second order scalar perturbations
- beyond the irreducible SGWB from inflation
 - particle production during inflation (scalar, gauge fields... coupled to the inflaton)
 - spectator fields
 - second order tensor from enhanced scalar perturbations, with primordial black holes
 - breaking symmetries (space-dependent inflaton, massive graviton)
 - modified gravity during inflation (massive GWs with $c \neq 1$)
 - ...
- preheating and non-perturbative phenomena
 - parametric amplification of bosons/fermions
 - symmetry breaking in hybrid inflation
 - decay of flat directions
 - oscillons
 - ...
- first order phase transition
 - true vacuum bubble collision
 - sound waves
 - (M)HD turbulence
 - ...
- cosmic topological defects
 - irreducible SGWB from topological defect networks
 - decay of cosmic string loops
 - ...